

Weekly Routine

SUNDAY

Date: _____

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

MONDAY

Date: _____

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

TUESDAY

Date: _____

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

WEDNESDAY

Date: _____

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

THURSDAY

Date: _____

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

FRIDAY

Date: _____

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

SATURDAY

Date: _____

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

PRIORITIES

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

REMINDER

NEXT WEEK

NOTES: